

# Opioid Review and MAT Clinic Buprenorphine Follow-Up

June 20, 2018

# Announcements

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- CME evaluation forms are due to Katie Stangl by Friday, June 22<sup>nd</sup> at 4:00pm.

# Upcoming Presentations

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- **June 27: Christa Marx**
  - **Low Back Pain and Treatment**
- **Coming soon!**
  - **August 7: Dr. Peter Stiles from TRIA Orthopedic presenting on comprehensive management.**
  - **Dr. Lisa Lindquist, psychiatrist in Anchorage**

# Buprenorphine Follow Up and Complications

# Patient Discussion- “Subjective”

- Dose
- Side effects
- Cravings/triggers
- Treatment +/-
- Support/meetings

# Patient Discussion- “Subjective”

- Working/daily life
- Anxiety/depression/mental health
- Any use?
  - What will be in your urine?

# Physical Exam

- Vitals
- Skin
- Lungs- respiratory status
- Signs of abuse/withdrawal
- Mental status
- Showered/clean?
- Weight -important



# Assessment Plan

- In Urine
- Dose
- PDMP
- Next Follow-up
- Social work issues:
  - Job
  - Insurance
  - Housing
  - Treatment

# Complications

## Taking More: Why?

### Cravings

- Do they get better with more

### Trigger

- Type? Who is around? Cause of it

### Habit

- How often used “drug”
- Split dose (work towards treatment)

### REMEMBER

- Emphasize to patient to call if they think dose is not working
- We are in charge of dosing

# Complications

- Taking Less: Why?
  - Can they afford the medication?
  - Selling?
  - Sharing?

# Complications

- “Lapse” - What’s in the urine?
  - Opioid
    - Why?
    - What happened?
  - Meth
    - Why?
    - Treatment yet?
    - Anxiety- clonidine
  - Benzodiazepines
    - SSRI
  - Marijuana
    - Why?
    - Anxiety?
    - Sleep

# Complications

- What's NOT in the urine?
  - Buprenorphine
  - Ratio

# Deal Breakers

- Selling Suboxone
- Benzodiazepines

# Long-Term

- Tapers
- Follow-Up



# Team Based Care

- Support
- Encourage
- Elaborate



*Why you should do this...*



People will forget what you said, people will forget what you did, but people will never forget how you made them feel.

Maya Angelou

quote fancy