

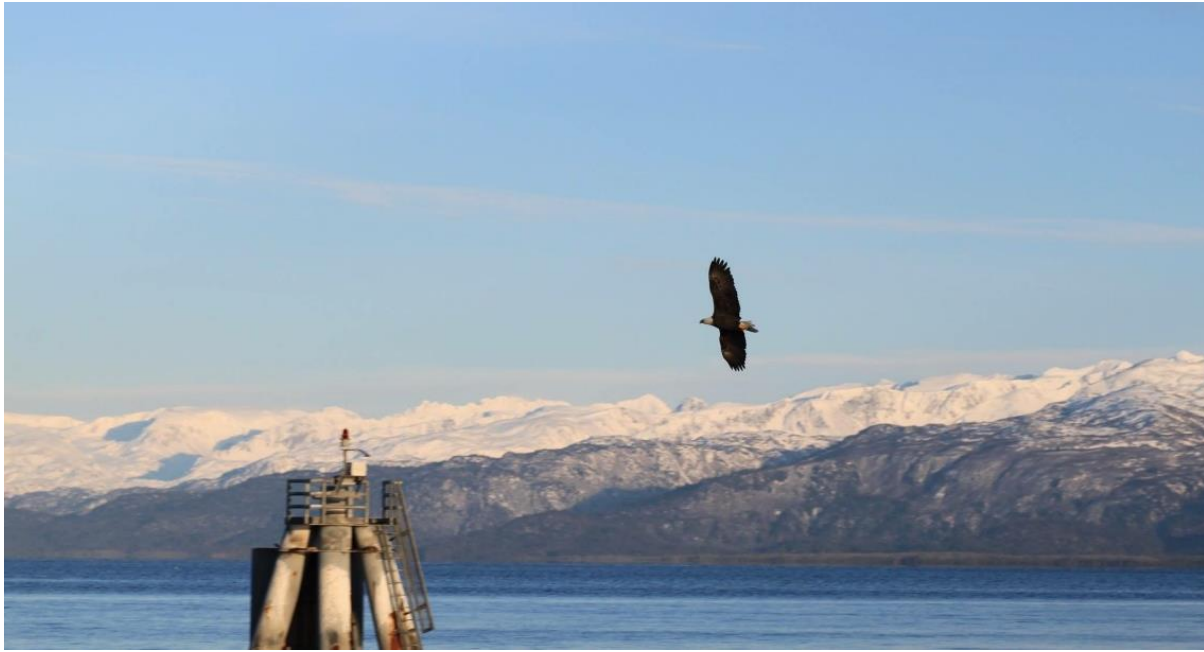


# A Community Approach to the Opioid Crisis in Rural Alaska

Stephanie Stillwell, BSN, RN, Community Outreach Director



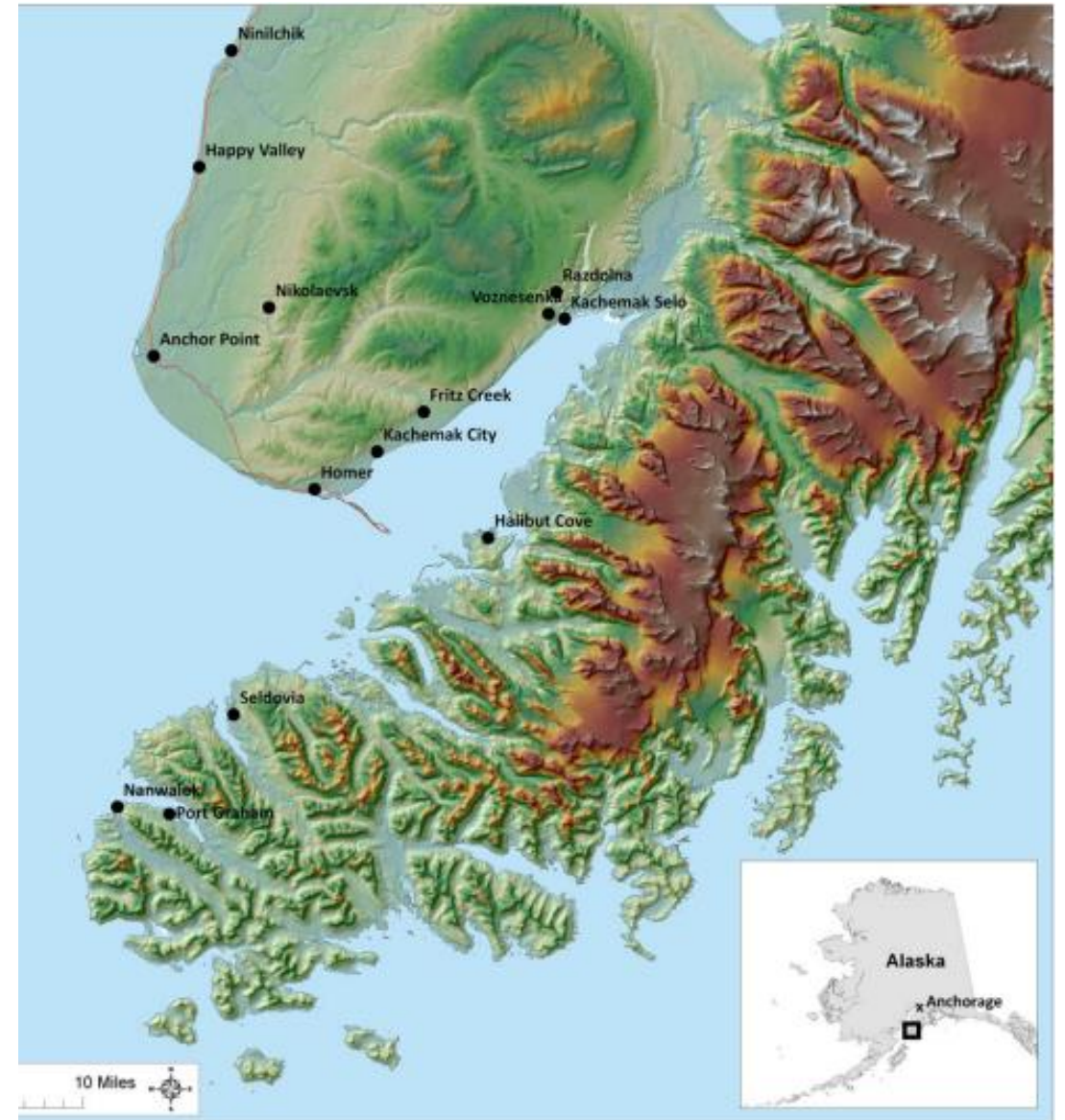
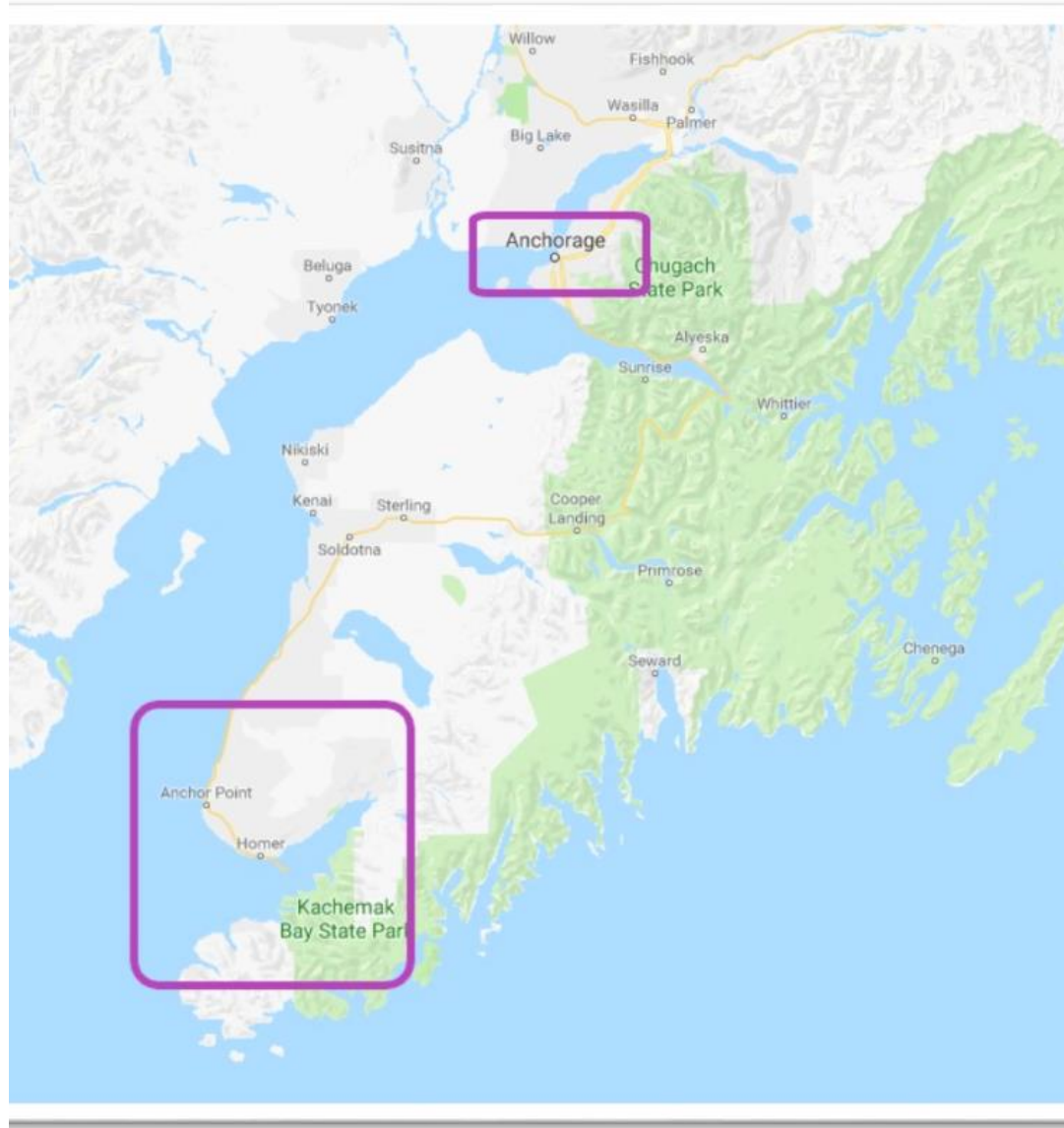


















**When asked to rank the factors most negatively affecting the community, the top three responses were:**

	<b>2008 Perceptions Survey</b> (834 responses)	<b>2012 Perceptions Survey</b> (454 responses)	<b>2015 Perceptions Survey</b> (649 responses)
1	Substance Abuse	Substance Abuse (79%)	Substance Abuse (97%)
2	Economic Costs	Economic Costs (54%)	Interpersonal Violence (96%)
3	Mental / Emotional Health	Mental / Emotional Health (52%)	Mental / Emotional Health (75%)

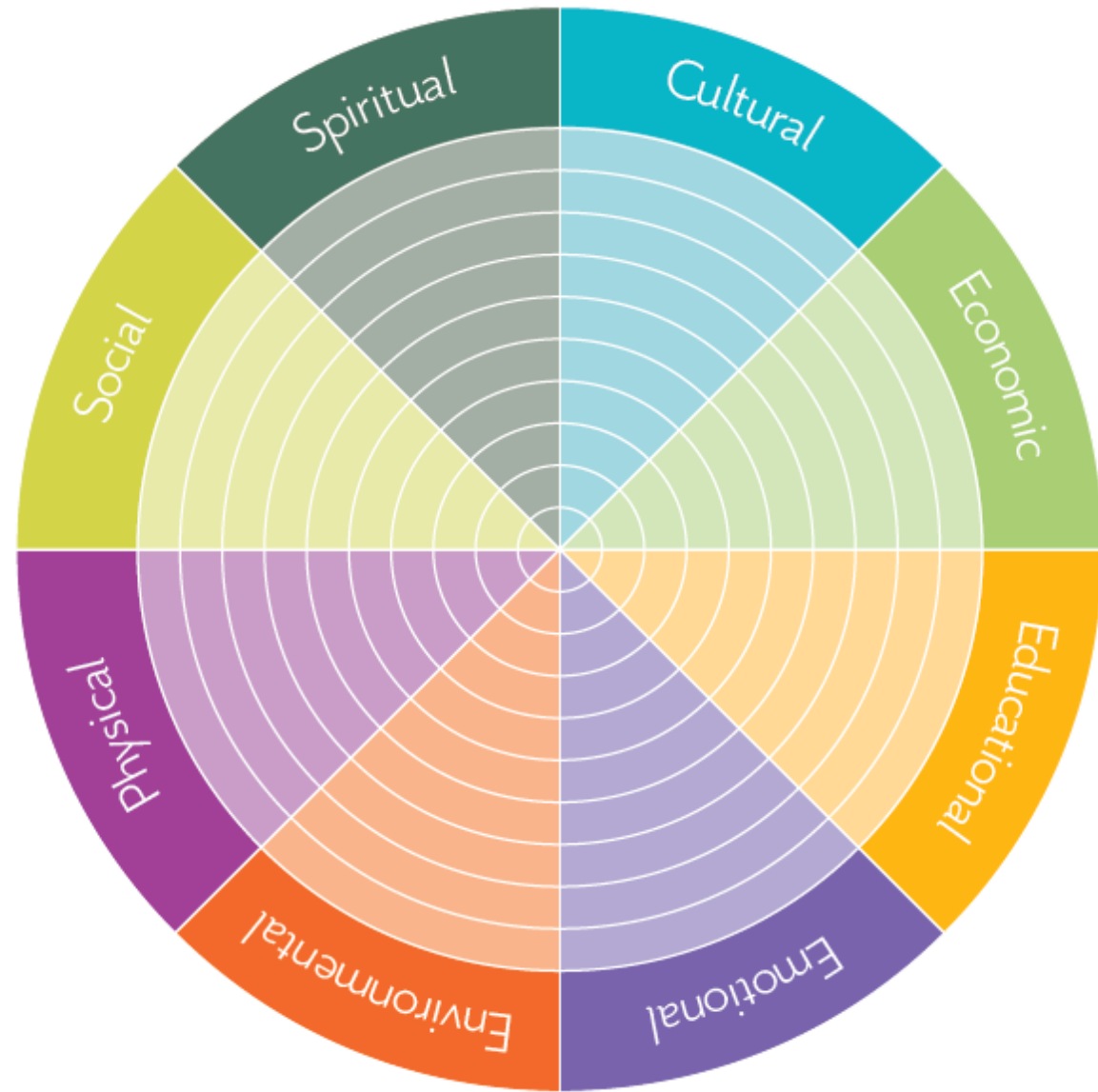


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# mapp

Mobilizing for Action through Planning and  
Partnerships







## DEFINITIONS

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### Cultural

Individual awareness of one's own culture as well as understanding and respecting the diversity and richness of other cultures.

### Economic

The ability to meet financial needs and adapt to unanticipated financial situations.

### Educational

Recognition of creative abilities and the expansion of knowledge and skills.

### Emotional

The ability to cope effectively with life and create personal enrichment through one's work and relationships.

### Environmental

A harmonious and sustainable relationship with immediate surroundings that expands to the natural world.

### Physical

The ability to perform daily activities without undue fatigue or physical stress.

### Social

A sense of connection, belonging, safety, and a reliable support system.

### Spiritual

A sense of purpose and meaning in life.



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DIMENSIONS OF WELLNESS

### REFLECTIVE QUESTIONS

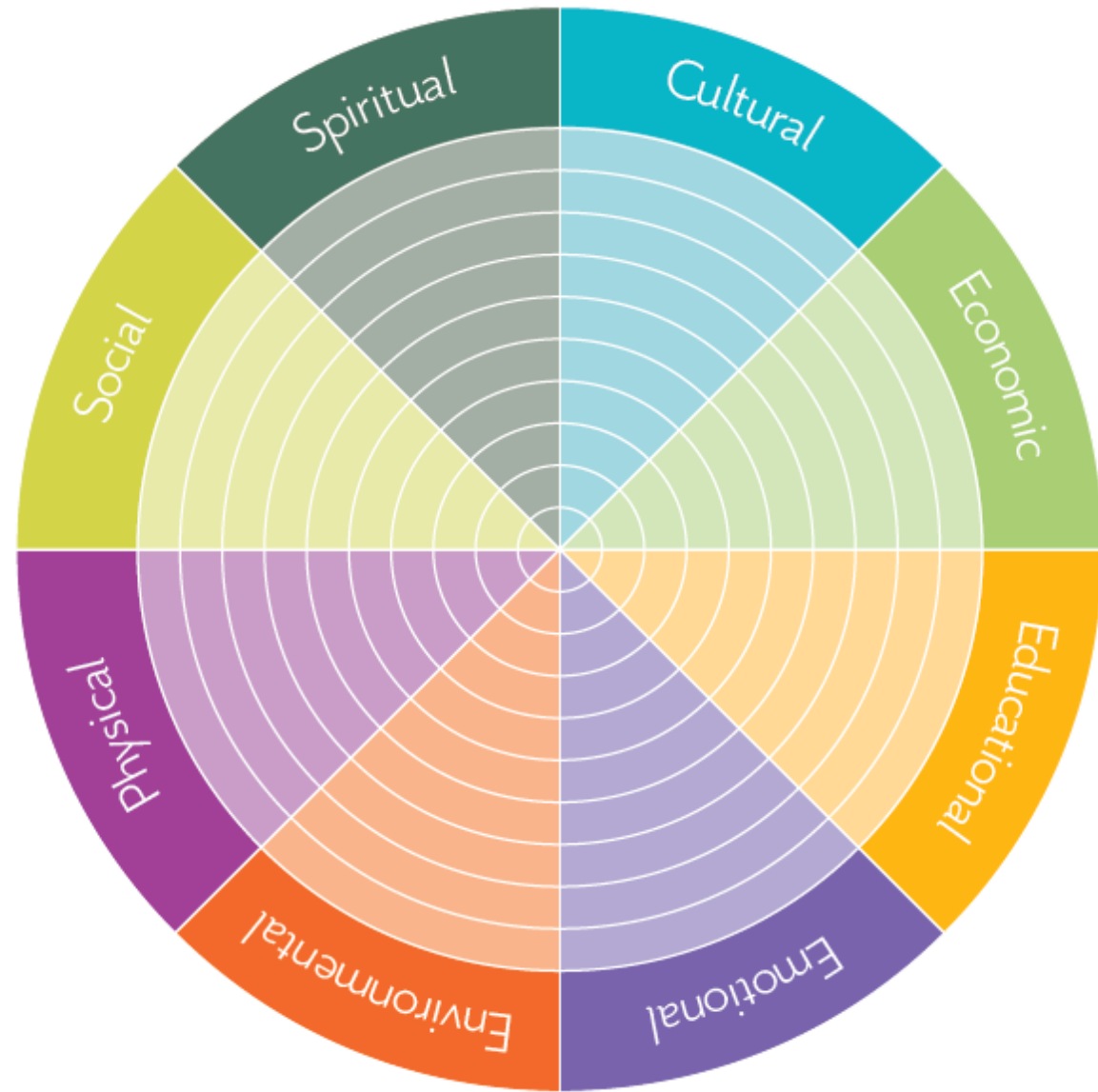
What surprised you?

What would you like to celebrate?

What supports or resources do you need and do you know where to find them?

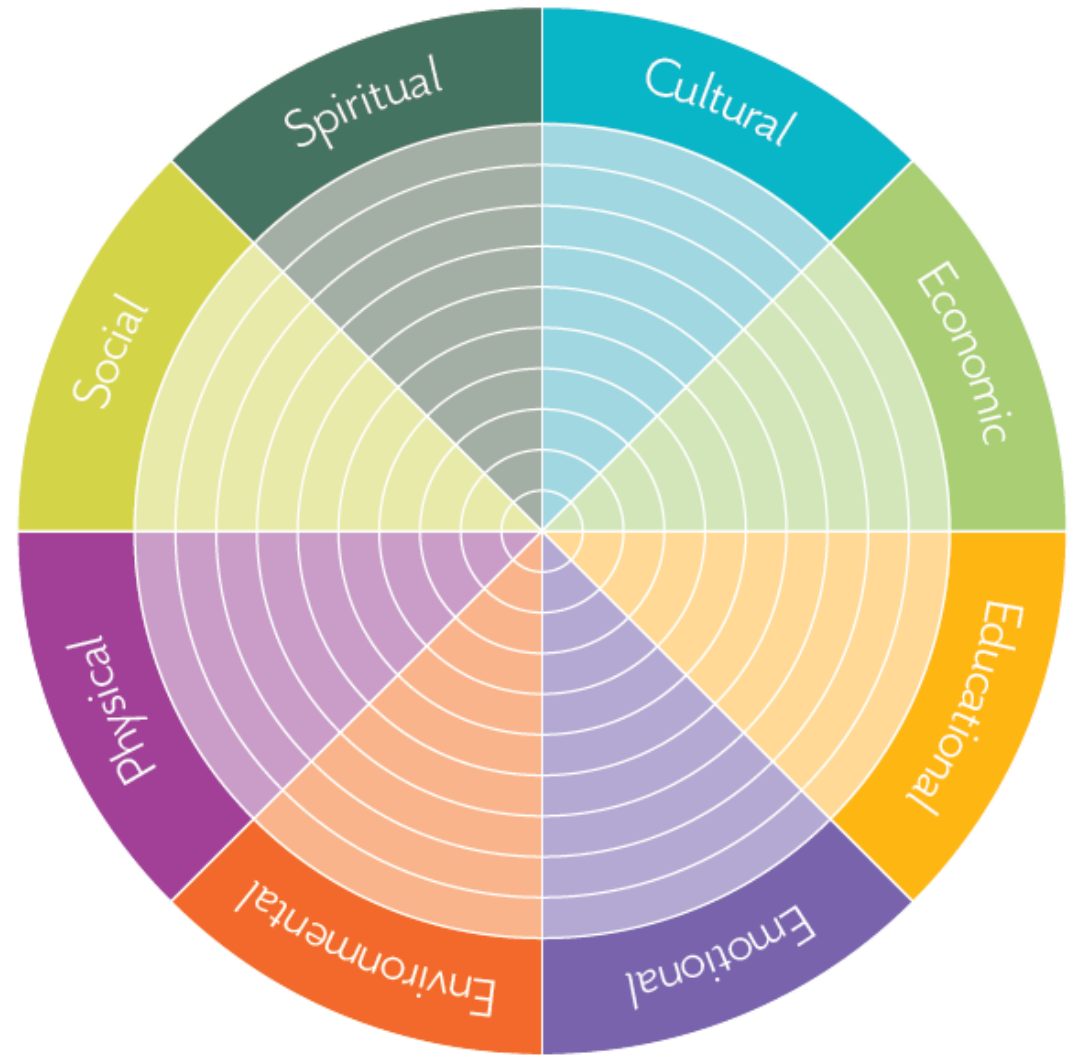
DIMENSIONS OF WELLNESS





# Spiritual

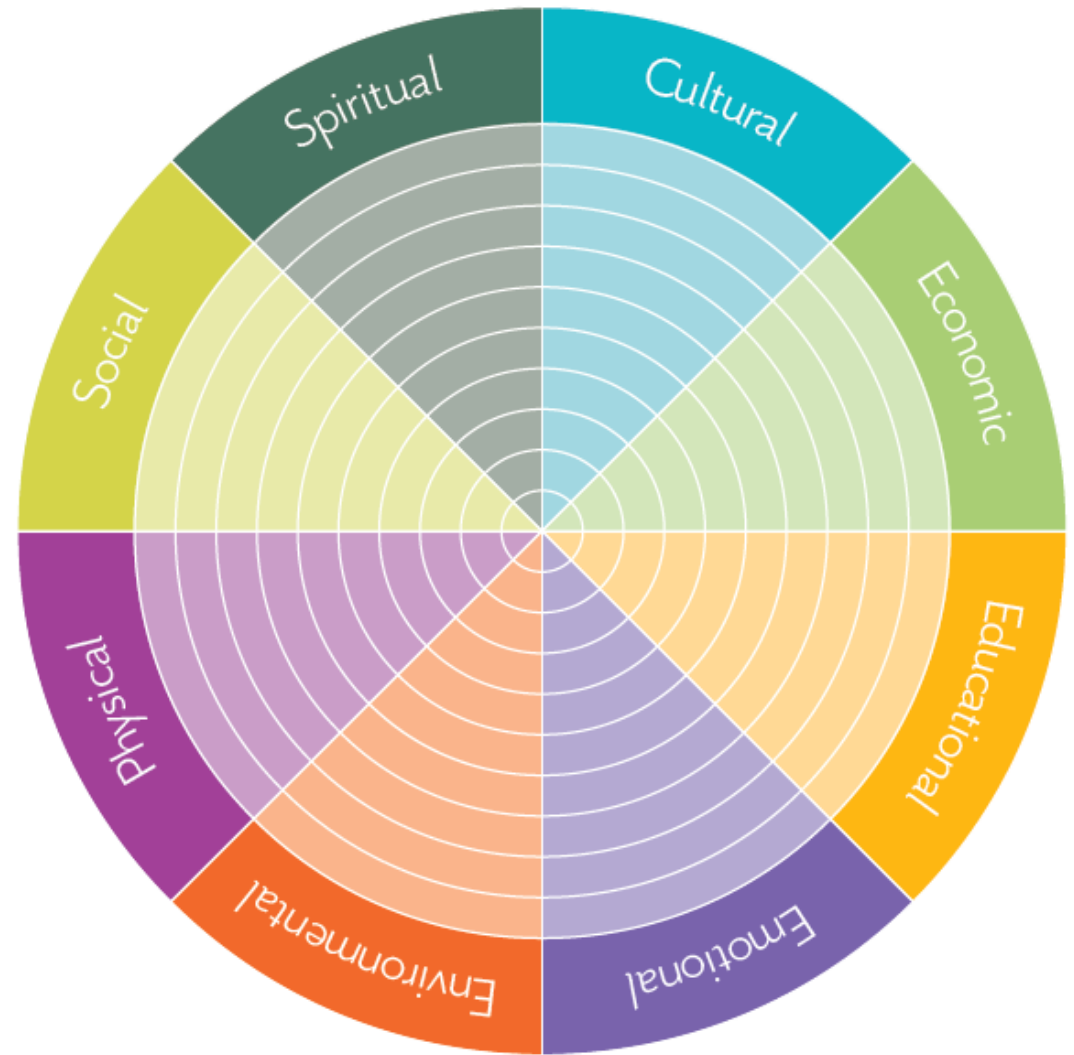
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AM 890 Serving the Kenai Peninsula

News Programming Community Calendar Your Station Support KBBI Staff, Boards & Volunteers Search

## New drug prevention program comes to Homer Middle School

By AARON BOLTON • OCT 3, 2017



Homer Middle School.

Students at the Homer Middle School participated in a new drug prevention program this week. The initiative aims to teach students that addiction is a preventable disease.

The Kenai Peninsula Youth Court helped put the curriculum together.



Signs with positive messages about overcoming addiction stigma and celebrating recovery rest on a picnic table before Homer's first Light the Night march Saturday, Sept. 29, 2018 at WKFL Park in Homer, Alaska. (Photo by Megan Pacer/Homer News)

## Light the Night marchers bring addiction and recovery into the light

By Megan Pacer

Thursday, October 4, 2018 2:11pm

NEWS LOCAL NEWS



A few dozen residents and their children worked to shine a little brighter light on substance abuse Saturday at Homer's first Light the Night march.

Hosted by The Bearded Sister, Mobilizing for Action through Planning and Partnerships of the Southern Kenai Peninsula, and the Southern Kenai Peninsula Opioid Task Force (which is a group within MAPF), the event involved a gathering at WKFL Park followed by a march through town.

## HOMER NEWS

News Sports Features Opinion Community Calendar



## Point of View: There can be hope for recovery from addiction — lots of hope

53°F

## HOMER NEWS

News Sports Features Opinion Community Calendar

## In Brief: Syringe exchange program starts Tuesday

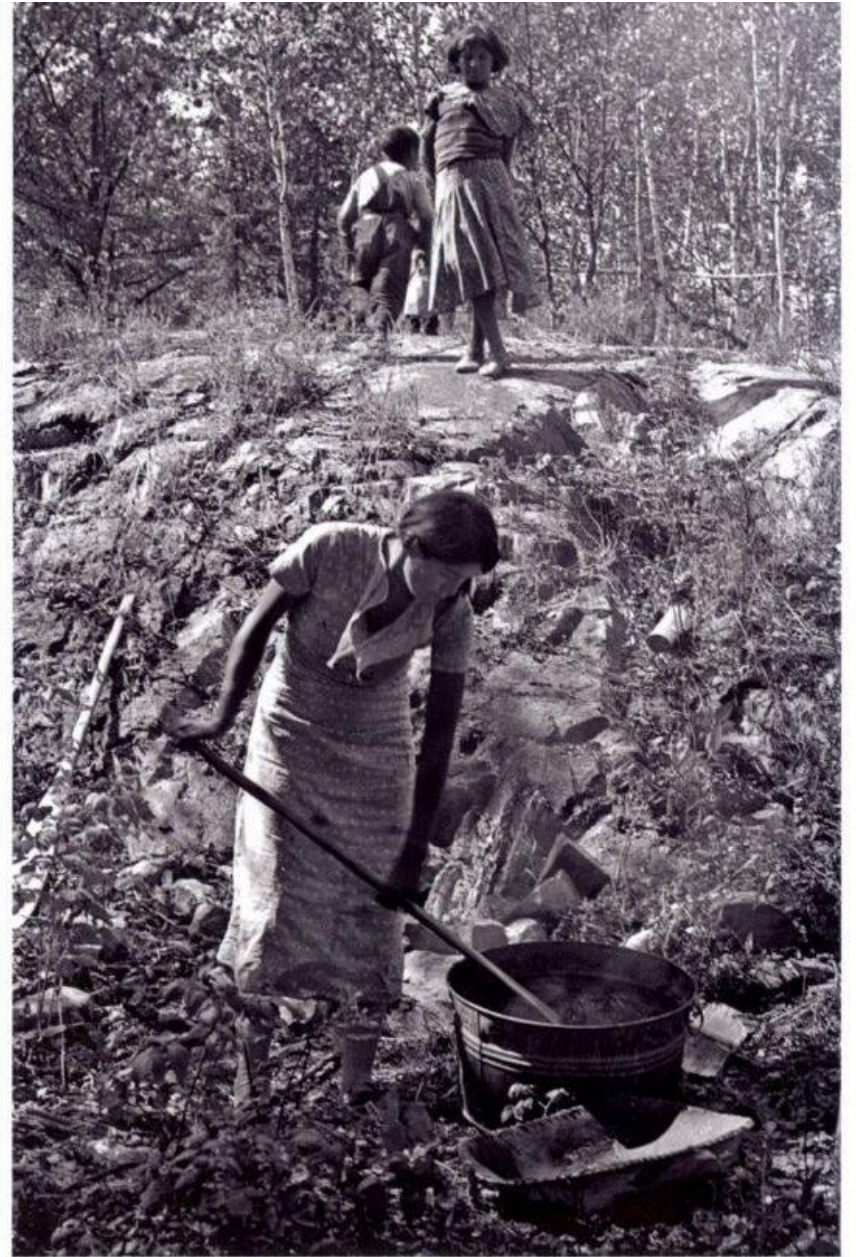
Thursday, June 16, 2016 3:51pm

NEWS LOCAL NEWS



A pilot syringe exchange program, The Exchange, starts with its first event from 5-7 p.m. next Tuesday, June 21, at the South Peninsula Hospital Training Center at 203 West Pioneer Avenue. The project will take place in the southwest corner of the building. The Exchange will be offered 5-7 every other Tuesday. The Exchange is established and operated by a group of individuals and agency representatives in the Homer area that support the idea of harm-reduction and safer drug use as a means of making our community a safer place to live. The primary goal of The Exchange is to reduce the spread Hepatitis C, HIV/AIDS, and bacterial infections among intravenous drug users by exchanging used needles and syringes for clean ones. During their visit participants in the program will be offered various health, treatment and recovery related information, as well as rapid on-site testing for Hepatitis C and HIV. Dr. Sarah Spencer, a local doctor board certified in addiction medicine, will be overseeing this project. Certain nonidentifying information is recorded for statistical and funding purposes only (including gender, age range and zip code). All information is kept entirely confidential.





Mrs. John Boshey

(c) Robert R. Reed 1936,1956