

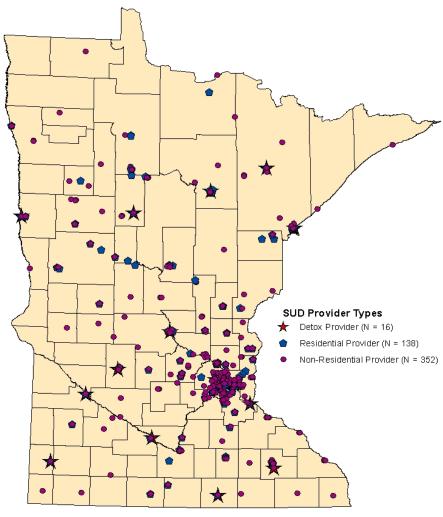


ECHO OTP review

Presenter Today: Rick Moldenhauer, MS, LADC, ICADC, LPCC

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Substance Use Disorder Treatment Providers



17 OTPs operating in Minnesota

ClearPath Clinic 1402 East Superior St. Duluth, MN 55805

Dakota Treatment Center 11939 West River Hills Drive Burnsville, MN 55337

HCMC Addiction Medicine Program 914 S 8th Street Minneapolis, MN 55415

Mercy Hospital Unity Campus 550 Osborne Rd NE Fridley, MN 55432

Minneapolis VA Health Care System Addictive Disorders Services (116A4) Methadone Maintenance Program One Veterans Drive Minneapolis, MN 55417

Rochester Metro Treatment Center 2360 North Broadway Rochester, MN 55906 St. Cloud Metro Treatment Center 524 25th Ave St. Cloud, MN 56303

St. Joseph's Hospital Chemical Dependency Program 69 West Exchange Street St. Paul, MN 55102

St. Paul Metro Treatment Center 2311 Woodbridge Roseville, MN 55113

Specialized Treatment Services 1132 Central Ave Minneapolis, MN 55413

Specialized Treatment Services 7472 Lakeland Avenue Brooklyn Park, MN 55428 Specialized Treatment Services 311 Spruce Street St. Paul, MN 55101

Valhalla Place - Brainerd 2215 South 6th Street Brainerd, MN 56401

Valhalla Place - Brooklyn Park 2807 Brookdale Drive N Brooklyn Park, MN 55444

Valhalla Place - Minneapolis 3329 University Ave SE Minneapolis, MN 55414

Valhalla Place - Woodbury 6043 Hudson Road, Suite 220 Woodbury, MN 55125

- Of those 17 OTPs:
- two are residential, hospital based
- 15 are out-pt
- Statewide capacity of about 7800, average weekly census 6760

- Combined jurisdiction of State and Federal authorities:
- Minnesota DHS as a 245G program (MS245G.22)
- Minnesota Board of Pharmacy or practitioner model
- Drug Enforcement Administration (Title 21 CFR)
- SAMHSA-DPT Certification (42 CFR 8.12)
- An Accreditation body chosen by SAMHSA (e.g: CARF, JCAHO, etc)

- Most of the day to day is 245G and 42 CFR 8.12
- DEA is interested in control of meds....
- SAMHSA-DPT and the Accreditation bodies utilize 42 CFR 8.12

- Admission (42 CFR 8.12)
- Maintenance or short/long term detox
 - -all MN, OTPs are maintenance programs

- Patient admission criteria -
- (1)Maintenance treatment. An OTP shall maintain current procedures designed to ensure that <u>patients</u> are admitted to <u>maintenance treatment</u> by qualified personnel who have determined, using accepted medical criteria such as those listed in the Diagnostic and Statistical Manual for Mental Disorders (DSM-IV), that the person is currently addicted to an <u>opioid drug</u>, and that the person became addicted at least 1 year before admission for treatment. In addition, a program <u>physician</u> shall ensure that each <u>patient</u> voluntarily chooses <u>maintenance treatment</u> and that all relevant facts concerning the use of the <u>opioid drug</u> are clearly and adequately explained to the <u>patient</u>, and that each <u>patient</u> provides informed written consent to treatment.
- (2)Maintenance treatment for persons under age 18. A person under 18 years of age is required to have had two documented unsuccessful attempts at short-term detoxification or drug-free treatment within a 12-month period to be eligible for maintenance treatment. No person under 18 years of age may be admitted to maintenance treatment unless a parent, legal guardian, or responsible adult designated by the relevant State authority consents in writing to such treatment.
- (3)Maintenance treatment admission exceptions. If clinically appropriate, the program <u>physician</u> may waive the requirement of a 1-year history of addiction under <u>paragraph (e)(1)</u> of this section, for <u>patients</u> released from penal institutions (within 6 months after release), for pregnant <u>patients</u> (program <u>physician</u> must certify pregnancy), and for previously treated <u>patients</u> (up to 2 years after discharge).

- Required services (42 CFR 8.12):
- 1) general
- 2)initial medical examination services
- 3) special services for pregnant patients
- 4) initial and Periodic services
- 5) counseling services
- 6) drug abuse testing services

- Patient/client stability:
- (i) Absence of recent abuse of drugs (opioid or nonnarcotic), including alcohol;
- (ii) Regularity of clinic attendance;
- (iii) Absence of serious behavioral problems at the clinic;
- (iv) Absence of known recent criminal activity, e.g., drug dealing;
- (v) Stability of the <u>patient</u>'s home environment and social relationships;
- (vi) Length of time in comprehensive maintenance treatment;
- (vii) Assurance that take-home medication can be safely stored within the patient's home; and
- (viii) Whether the rehabilitative benefit the <u>patient</u> derived from decreasing the frequency of clinic attendance outweighs the potential risks of diversion.

- Take home doses
- (i) During the first 90 days of treatment, the take-home supply (beyond that of <u>paragraph</u> (i)(1) of this section) is limited to a single dose each week and the <u>patient</u> shall ingest all other doses under appropriate supervision as provided for under the regulations in this subpart.
- (ii) In the second 90 days of treatment, the take-home supply (beyond that of <u>paragraph (i)(1)</u> of this section) are two doses per week.
- (iii) In the third 90 days of treatment, the take-home supply (beyond that of <u>paragraph (i)(1)</u> of this section) are three doses per week.
- (iv) In the remaining months of the first year, a <u>patient</u> may be given a maximum 6-day supply of take-home medication.
- (v) After 1 year of continuous treatment, a <u>patient</u> may be given a maximum 2-week supply of take-home medication.
- (vi) After 2 years of continuous treatment, a <u>patient</u> may be given a maximum one-month supply of take-home medication, but must make monthly visits.

- Medications:
- (i) Methadone;
- (ii) Levomethadyl acetate (LAAM); and
- (iii) Buprenorphine and buprenorphine combination products that have been approved for use in the treatment of <u>opioid use disorder</u>.

Questions?