COVID-19 Medication Study Update Version 5 Review of literature from May 13-27th

Vitamin D & Demographic COVID correlation

David O Meltzer, Thomas J Best, Hui Zhang, Tamara Vokes, Vineet Arora, Julian Solway

- Retrospective cohort multivariate analysis @ University of Chicago
 - N=4,3<u>14,499</u> tested in past year
 - likely <u>deficient</u> for 127(25%) patients,
 - likely <u>sufficient</u> for 291(58%) patients,
 - uncertain for 81(16%) patients.
- Vitamin D deficiency thresholds:
 - most recent 25-hydroxycholecalciferol <20ng/ml before COVID-19 testing
 - 1,25-dihydroxycholecalciferol <18pg/ml within 1 year before COVID-19 testing
- Positive for COVID-19 testing was associated with:
 - Age<50 RR=1.05,p<0.021 Age≥50 RR=1.02,p<0.064,
 - non-white race RR=**2.54**,p<0.01
 - Vitamin D deficient (deficient RR=1.77,p<0.02) vs vitamin D sufficient(not-deficient/treatment-not-decreased),
- Predicted COVID-19 rates in the vitamin D deficient group of 21.6% (95%C) versus 12.2%(95%CI) in the vitamin D sufficient group.
 - Vitamin D deficiency declined with increasing vitamin D dose, especially of vitamin D3.
 - Vitamin D dose was not significantly associated with testing positive for COVID-19.



Remdesivir. . .finding chinks in the armor

- NEJM May 23rd N=1,063 DBPC
- 10 day course shortened hospitalization by 4 days (11 vs 15)
- Mortality 7% vs 12% (not SS)
- No benefit to survival in ventilated or ECMO patients observed

Remdesivir Trial Methods

- Severity of illness scale:
 - 1 (not hospitalized) to 8 (dead).
- Study demographics
 - Lowest enrolled= 4, denoting hospitalization, but no need for extra oxygen.
 - 38% benefit to recovery
 - Most enrollees = 5, meaning they did need oxygen.
 - 47% benefit
 - Score = 6 Receiving high flow oxygen
 - 20% benefit
 - Score =7 ventilated or ECMO
 - 0.05% benefit
- Trial was stopped too early, study goals were adjusted midway

Convalescent Plasma—Safety Study

- The incidence serious adverse events (SAEs) in the <u>first four hours</u> after transfusion was <1%. Mortality in that time period 0.3%
- N= 5,000 66% of patients were in ICU setting
- 36 reported SAEs overall—I interpreted these to manifest > 4 hrs post infusion
 - 25 reported incidences of related SAEs,
 - Mortality (n=4),
 - Transfusion-associated circulatory overload (TACO; n=7),
 - Transfusion-related acute lung injury (TRALI; n=11),
 - Severe allergic transfusion reactions (n=3).
 - Only 2 of 36 SAEs were judged as definitely related to the transfusion by the treating physician.
 - The seven-day mortality rate was 14.9%.
- Conclusion: Given the deadly nature of COVID-19 and the large population of critically-ill patients included in these analyses, the mortality rate does not appear excessive. These early indicators suggest that transfusion of convalescent plasma is safe in hospitalized patients with COVID-19.
- Michael Joyner, R. Scott Wrigh et al

Albumin as a predictor of COVID 19 outcomes

Retrospective cohort study with confirmed COVID-19

• N=299 160 males Average age 53 Hypoalbuminemia = 106 patients

- Survivors vs Deaths
- 37.6 ± 6.2 vs. 30.5 ± 4.0, P < 0.001

Multivariate analysis showed the presence of comorbidities

• OR = 6.816, 95%CI

Independent predictive factors for mortality.

- Lymphopenia OR = 13.130, 95%CI
- Hypoalbuminemia OR = 6.394, 95%CI

Nerds of the world. . . Ready Warp engines. . .



Vaccine Development— Operation Warp Speed

- Moderna Pharmaceuticals- Phase 1 clinical trial reported
 - N=45, Participants received doses of 25mcg, 100mcg, 250mcg
- All showed seroconversion by day 15
- At day #43, after 2 doses
 - 25mcg-anti body titers were proportionate to patients w/ (+)
 COVID 19 test
 - 100mcg- antibody exceeded convalescent plasma
 - ADR- highest in the 250mcg group, typically injection site reaction
- Neutralizing antibodies data released on only 8 participants.
 - 4 from the 25mcg/4 from 100mcg?? Why not everyone?
 - Is this intentional? Is data being withheld? Stock price manipulation?
- Phase 2 trial with n= 1,000+ is the next stage for this product (July?)
 - Will focus on 25mcg and 10mcg doses
- President Trump tweeting that we will have a vaccine by December 2020. . . optimistic or realistic?
 - US Gov't paid AstraZeneca \$1B to ecure COVID-19 vaccine doses when available