

MSHSL August 25, 2020



# Guiding Principles

- Provide an opportunity for our student athletes to participate in the activities and athletics to greatest extent possible.
- Provide the safest opportunities that we can within the guidance and requirements of MDH and MDE
- Informed by multiple other guidance sources – Sports Medicine Advisory, NFHS, National Sport Specific Organizations



## School Educational Approach (Required)

Virtual Learning – No in-person learning, no in-person activities

Hybrid Learning – Activities may exist in-person

In-person Learning – Activities may exist in-person

## Transportation

Virtual Learning – No in-person coaching, no transportation

Hybrid Learning – 50% capacity with masks required

In-person Learning – Typical transportation capacity with masks



# Progression of Decision Making and Communication

- ü Fall Approved Sports dates (8/7/20)
- ü Fall Training Season dates and definition (8/11/20)
- ü Fall Approved Sports guidance (8/13/20)
- ✓ Fall Training Season guidance-Football and Volleyball (8/19/20)
- Cheer Guidance and Education Information (This Week)
- Fall Training Season guidance-Spring Sports (Prior to the start of school)
- Adapted Sports information (Prior to start of school)
- Category 2 Activities information (Prior to start of school)
  
- (After beginning of school year)
- Post-Season for Fall Approved Activities information
- Tentative calendar for remaining activities for the year
- Guidance and Information:
  - Winter activities and athletics
  - Football and volleyball seasons
  - Spring activities and athletics
- 2021 Summer waiver period information



# Student Eligibility

- Pre-Participation Physical (Once every 3 years)
  - One time waiver for existing Physicals
- Health Questionnaire
- Daily Screening



# Medical Questions Related to MSHSL Athletics

Dr. William Roberts, University of Minnesota  
Sports Medicine Advisory Chair

- Decision-Making Factors
- Risk Level of the Sport
- Important Safety Aspects to Consider
  - Pods, Face Coverings, Participation vs. Sideline
  - Mental Health Aspects of Participation
  - Multi-Sport Athletes
- Transmission Factors in Athletics and Activities
- Positive Tests and Quarantine



# Approved Fall Training Seasons (New Experience)

September 14 – October 3

- Volleyball
- Football

October 5 – October 24

- All Spring Seasons



Thank You!

